

Counting Exercise Part II

1. Set the metronome at any speed you want.
2. Pick any note on your sax, and play it “on” the beat – when the tick happens on the metronome. Tongue each note.
3. Keep practicing at that speed until you accurately and consistently can play “on” the beat for at least 10 to 15 ticks.
4. Reset the metronome at another speed (either slower or faster, it doesn’t matter) and repeat steps 2&3.
5. Keep setting the metronome at different speeds from really slow to really fast. For each different speed repeat steps 2&3.

Once you have mastered tonguing “on the beat” at both fast and slow speeds try this at different speeds:

- ◆ Play eighth notes (two evenly spaced notes) for each beat.
- ◆ Play triplets (three evenly spaced notes) for each beat.
- ◆ Play sixteenth notes (four evenly spaced notes) for each beat.