


Exercise 2 to Help You “Go Over the Break”

Going “over the break” from C² to D²  on the saxophone will often show if you are breathing correctly. This is the second exercise that will help you develop your proper breathing technique, as well as your finger technique.

Like the first exercise, I have been doing it for years as part of my warm-ups before shows and rehearsals.

Pivot on the “Break”

How to do this exercise:

1. Play as fast as possible.
2. No embouchure change. Keep throat open (warm air). The notes should sound very even with no break or accent on the chromatically moving notes.
3. BLOW THROUGH THE HORN! IE: Diaphragm breathing.
4. Try this exercise 2 ways:
 - a. Tongue the first of each of the 4 eighth notes.
 - b. Only tongue the first note (D2) when you start, and each time you repeat.
5. Start slow and work up your speed until you are able to do them cleanly, at lightning fast speed.

This way to start:



But you want to be able to do this:

